FRESHWATER CAST · MONDAY CAST

Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Flaming Gorge (WY) area

Flaming Gorge (WY)

Wyoming
Mon Nov 16 – Wed Nov 18, 2026 · Mountain Time · Trout

BITE ODDS · THIS CAST

3/10

Poor odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
~ 12°F swing	+ No lightning	− Up to 30 mph · unsafe chop	− Rain up to ~92%	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **42–54°F**, lows **28–35°F**, rain chance up to **~92%**. Story is the wet stretch — bite windows ride the rain timing, not the calendar.

THREE-DAY WEATHER

MONDAY NOV 16

53° F high

LOW	35°F
SKY	Partly Sunny
WIND	ESE 3–9 mph
RAIN	~1%
SUN	7:07 AM / 4:58 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

54° F high

LOW	29°F
SKY	Mostly Sunny then Rain Showers
WIND	SE 18–30 mph
RAIN	~92%
SUN	7:08 AM / 4:57 PM

Frame: Wet day — fish the front side of the rain; slow down and stay close to cover after it passes.

WEDNESDAY NOV 18

42° F high

LOW	28°F
SKY	Sunny
WIND	NW 2–12 mph
RAIN	~11%
SUN	7:09 AM / 4:56 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: ESE → SE → NW · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING
- Shallow cover, points, creek mouths
- **First light (7:07 AM MST) → ~9 AM**
- Use any ripple as cover

MIDDAY
- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING
- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Trout plan: Target inflows and shoreline drop-offs as water cools; spoons, spinners and streamers, moderate.**

BIOLOGY

BASS STAGE

Trout are in the fall transition — following bait into creeks and onto flats as water cools.

Basis: estimated water ~49°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response); no water-temperature gauge on the lake; air record trending falling

NATURAL FORAGE

Lake trout in Flaming Gorge feed heavily on kokanee, small lake trout, chubs and other fish, so big, fish-shaped jigs and spoons match them best.

ALSO BITING

Smallmouth bass. Still active on rocky shorelines and points.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

DAM & WATER — CONFIRM BEFORE YOU LAUNCH

FIXED Dam-controlled water. No shared generation/level feed this cycle — check the agency page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Confirm	Managing agency page for this water	

ACCESS — BANK / KAYAK / BOAT

BANK

On the Wyoming end, Buckboard Crossing and Firehole give bank anglers campground access to rocky points and gravel shoreline, and the Upper Marsh Creek area adds more room. On the Utah end, Lucerne Valley near Manila, Antelope Flat and the Cedar Springs area near the dam reach deeper, clearer water.

KAYAK

On the Wyoming end, launch at Buckboard and work the nearby coves and points. On the Utah end, Antelope Flat and Lucerne Valley give access to sheltered bays, and Cedar Springs puts you in canyon water near the dam. At dawn, troll a small spoon or a crankbait 50 to 100 feet back along the shoreline for rainbows.

BOAT

Buckboard on the Wyoming end, and Lucerne Valley and Cedar Springs in Utah, are the safest ramps for bigger boats at this pool. Upper Marsh Creek and Antelope Flat also sit well below the current level.

LURE BOX

TOP

Floating minnow plug twitched along shoreline points at dawn. Small walking bait for smallmouth on calm mornings.

MID

Small trolling spoon, silver or orange, for rainbows. Crankbait trolled along points in the upper 20 ft. Inline spinner cast from shore.

BOTTOM

4–5" tube, white or glow, on a 1/2–1 oz jighead for lake trout. Jigging spoon or blade bait on deep humps. Ned rig or 3" tube, green pumpkin, for smallmouth.