FRESHWATER CAST · MONDAY CAST

Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Alsop Lake area

Alsop Lake

Wyoming

Mon Nov 16 – Wed Nov 18, 2026 · Mountain Time · Trout

BITE ODDS · THIS CAST

4/10 — Fair odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
− Unsettled · 15°F swing	+ No lightning	− Up to 30 mph · unsafe chop	+ Clear / sunny (~10%)	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **43–58°F**, lows **23–30°F**, rain chance up to **~10%**. Story is wind — pick banks the breeze is hitting and keep crossings short.

THREE-DAY WEATHER

MONDAY NOV 16

58° F high

LOW	30°F
SKY	Mostly Sunny
WIND	SSW 5 mph
RAIN	~0%
SUN	6:52 AM / 4:42 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

57° F high

LOW	30°F
SKY	Mostly Sunny
WIND	S 10–15 mph
RAIN	~10%
SUN	6:53 AM / 4:42 PM

Frame: Breeziest day — use ripple on wind-blown banks and points; open-water chop is higher risk.

WEDNESDAY NOV 18

43° F high

LOW	23°F
SKY	Sunny
WIND	WSW 25–30 mph
RAIN	~5%
SUN	6:54 AM / 4:41 PM

Frame: Breeziest day — use ripple on wind-blown banks and points; open-water chop is higher risk.

Window: Mon–Wed · Air: SSW → S → WSW · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (6:52 AM MST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Trout plan: Target inflows and shoreline drop-offs as water cools; spoons, spinners and streamers, moderate.**

BIOLOGY

BASS STAGE

Trout are in the fall transition — following bait into creeks and onto flats as water cools.

Basis: estimated water ~49°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response); no water-temperature gauge on the lake; air record trending falling

NATURAL FORAGE

Cooling nights are bringing trout back into the shallows to feed on aquatic insects, scuds and small baitfish before winter. What's on the menu: scuds, leeches, midges and other aquatic insects.

ALSO BITING

Yellowstone cutthroat. Cutthroat cruise the same flats as the rainbows and take small spoons, flies and worms.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

DAM & WATER — CONFIRM BEFORE YOU LAUNCH

FIXED Dam-controlled water. No shared generation/level feed this cycle — check the agency page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Permit / regs	Check current Wyoming Game and Fish regulations for Alsop Lake before you keep any fish.	

ACCESS — BANK / KAYAK / BOAT

BANK

Fish from the Wyoming Game and Fish public access shoreline at Alsop Lake, which has one parking area and about 1.2 miles of bank to work. Cast a small spoon or spinner along drop-offs, or fish a worm or floating bait just off the bottom on a slip-sinker rig. Move to the east bank, where the west wind pushes in food.

KAYAK

Launch from the public access shoreline and stay close to shore, where you can troll a small spoon, wooly bugger or leech pattern slowly along drop-offs. Trout cruise near the surface early, so a slow, quiet approach and long casts help. By midday, troll a little deeper.

BOAT

Alsop Lake is a small water that's best suited to small boats, canoes and float tubes. Launch from the public access area where conditions allow, and check the shoreline first, since low water can limit launching in dry years.

LURE BOX

TOP

Dry fly or small dry-dropper rig on calm mornings when fish rise. Bobber and worm along shallow flats at first light. Surface action fades quickly once the wind builds.

MID

Small spoon in gold, silver or orange cast along drop-offs. Inline spinner retrieved slowly near the windward bank. Wooly bugger or leech pattern trolled from a kayak.

BOTTOM

Floating bait or worm on a slip-sinker rig from shore. Worm harness behind a flasher, trolled deeper at midday. Small jig tipped with a worm near the bottom.