FRESHWATER CAST · MONDAY CAST

Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Sleepy Creek Lake area

Sleepy Creek Lake

West Virginia
Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Largemouth

BITE ODDS · THIS CAST

Strong odds

9/10

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Mostly stable	+ No lightning	+ 2–8 mph usable ripple	+ Clear / sunny (~1%)	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **53–61°F**, lows **30–32°F**, rain chance up to **~1%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

53° F high

LOW	31°F
SKY	Mostly Sunny
WIND	NW 5–8 mph
RAIN	~1%
SUN	6:57 AM / 4:56 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

57° F high

LOW	30°F
SKY	Sunny
WIND	NW 0–3 mph
RAIN	~0%
SUN	6:58 AM / 4:56 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

61° F high

LOW	32°F
SKY	Sunny
WIND	W 2 mph
RAIN	~0%
SUN	6:59 AM / 4:55 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: NW → W · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (6:57 AM EST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Largemouth plan: Follow shad into the backs of creeks and flats 1-10 ft; spinnerbait, squarebill and topwater at a fast pace.**

BIOLOGY

BASS STAGE

Largemouth are in the fall transition — following bait into creeks and onto flats as water cools.

Basis: estimated water ~57°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response); no water-temperature gauge on the lake; air record trending falling

NATURAL FORAGE

Dawn and dusk are the moving-bait windows; midday fish tighten to shade. Expect fish to slide a little deeper on the brightest midday hours and return shallow as the shadows lengthen.

ALSO BITING

Crappie and bluegill stack on docks and brush with small jigs. Catfish can show on deeper wood and channel swings.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

DAM & WATER — CONFIRM BEFORE YOU LAUNCH

FIXED Dam-controlled water. No shared generation/level feed this cycle — check the agency page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Permit / regs	Share the ramp courteously when park day-users stack up.	
Clarity	Stain / clear match: Expect fair to stained water near the ramp; darker greens and black-blue cover the most likely colors.	

ACCESS — BANK / KAYAK / BOAT

BANK

Fish legal shore at Sleepy Creek Lake Dam, Concrete ramp, Berkeley County first — the ramp corridor and nearby posted bank give you docks, timber, and weed edges within a short walk. Work a spinnerbait or walking bait along shade at dawn, then a jig or Texas-rigged soft bait once the sun is up. Stay on posted public ground only.

KAYAK

Launch at Sleepy Creek Lake Dam, Concrete ramp, Berkeley County and paddle the first protected pocket before you commit to open water. Early, slide cover to cover with a spinning rod and a weightless stick bait; later, hug shade with a Ned or jig.

BOAT

Idle out from Sleepy Creek Lake Dam, Concrete ramp, Berkeley County and graph the first docks and grass before you run. Mornings call for a spinnerbait or chatterbait along cover; midday is a pitch-to-shade game with a creature bait or stick bait. Respect no-wake and swim areas, and confirm trailer parking before peak midday.

LURE BOX

TOP

Walking bait or buzzbait at dawn. Spinnerbait 3/8 oz white/chartreuse along cover. Popper for calm shade.

MID

Chatterbait with a twin-tail trailer. Squarebill crankbait on riprap and wood. Swim jig green-pumpkin along edges.

BOTTOM

Texas-rigged stick bait (green pumpkin). Ned rig or shaky head on outside edges. Jig 3/8 oz with a craw trailer.