Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for East Lynn Lake area

East Lynn Lake

West Virginia
Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Largemouth · Smallmouth

BITE ODDS · THIS CAST

8/10 — Strong odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Mostly stable	+ No lightning	~ Flat calm	+ Clear / sunny (~0%)	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **55–65°F**, lows **29–33°F**, rain chance up to **~0%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

55° F high

LOW	29°F
SKY	Sunny
WIND	NE 2 mph
RAIN	~0%
SUN	7:11 AM / 5:16 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

60° F high

LOW	29°F
SKY	Sunny
WIND	NE 1 mph
RAIN	~0%
SUN	7:12 AM / 5:16 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

65° F high

LOW	33°F
SKY	Sunny
WIND	0 mph
RAIN	~0%
SUN	7:13 AM / 5:15 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: NE → · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (7:11 AM EST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Largemouth plan: Follow shad into the backs of creeks and flats 1-10 ft; spinnerbait, squarebill and topwater at a fast pace.**

BIOLOGY

BASS STAGE

Largemouth are in the fall transition — following bait into creeks and onto flats as water cools.

Basis: estimated water ~57°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response), adjusted by 1 nearby USGS lake gauge; no water-temperature gauge on the lake; air record trending falling

NATURAL FORAGE

Largemouth — Fall largemouth on East Lynn are holding on wood and points, with more fish following shad toward cove mouths as the water cools. Cool nights push them tight to cover at dawn, and warm afternoons send them into shade.

ALSO BITING

Muskellunge and channel catfish are stocked in East Lynn every year, according to the Corps. Cooling water is a good time to throw a big bucktail or glide bait for muskie along points and wood.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

DAM & WATER — GENERATION SCHEDULE

FIXED Dam-controlled water. No generation schedule posted by USACE LRH for Mon Nov 16 – Wed Nov 18 — check the operator page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
East Lynn Lake	No generation schedule posted by USACE LRH for Mon Nov 16 – Wed Nov 18 Observed: pool 659.96 ft (Mon 3:30 AM CT)	USACE LRH
Permit / regs	Launch ramps are at the Lakeside Recreation Area, the Lick Creek Launch Area, and the East Fork Camping Area, with a $3 launch fee or a $30 annual pass.	

ACCESS — BANK / KAYAK / BOAT

BANK

Shoreline fishing is allowed around East Lynn Lake, and the Corps' Lakeside Recreation Area, Lick Creek Launch Area, and East Fork Camping Area all offer walk-in access with trails. The Below Dam Recreation Area gives you tailwater bank fishing too.

KAYAK

Launch at the East Fork Camping Area or the Lick Creek Launch Area and paddle into nearby coves, where wood and calm water favor a slow approach. Pitch a 3/8-oz jig to laydowns and cast a small spinnerbait across cove mouths when shad show.

BOAT

Launch ramps are at the Lakeside Recreation Area, the Lick Creek Launch Area, and the East Fork Camping Area, with a $3 launch fee or a $30 annual pass. Start in the upper lake running a spinnerbait and squarebill along wooded banks, then flip laydowns and pitch shade as the sun climbs.

LURE BOX

TOP

Buzzbait in white along wooded banks at fog-lift. Walking bait in bone near cove mouths at dusk. Large bucktail or topwater for muskie on main-lake points.

MID

3/8-oz white spinnerbait along wood. Squarebill in shad or craw on points. Swimbait over shad near cove mouths.

BOTTOM

3/8-oz jig in green pumpkin to laydowns. Texas-rigged creature bait in shade. Wacky-rigged stick bait around shallow wood.