Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Cheat Lake area

Cheat Lake

West Virginia
Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Largemouth · Smallmouth

BITE ODDS · THIS CAST

5/10 — Fair odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
− Unsettled · 13°F swing	+ No lightning	~ Flat calm	+ Clear / sunny (~3%)	~ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **49–62°F**, lows **31–35°F**, rain chance up to **~3%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

49° F high

LOW	31°F
SKY	Scattered Rain Showers
WIND	NW 2 mph
RAIN	~3%
SUN	7:04 AM / 5:03 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

55° F high

LOW	32°F
SKY	Sunny
WIND	N 1 mph
RAIN	~0%
SUN	7:05 AM / 5:02 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

62° F high

LOW	35°F
SKY	Sunny
WIND	0 mph
RAIN	~0%
SUN	7:07 AM / 5:01 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: NW → N → · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (7:04 AM EST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Largemouth plan: Slow down: steep points, channel drops and remaining grass just outside the creeks, between the fall flats and the 15-30 ft winter depth; suspending jerkbait with long pauses, jig-and-pig or blade bait crawled down the slope.**

BIOLOGY

BASS STAGE

Largemouth are in the late fall transition — water under the mid-50s, so bass are sliding off the shallow flats toward steeper points and channel drops near their fall feeding areas.

Basis: estimated water ~55°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response); no water-temperature

NATURAL FORAGE

Largemouth use dock shade and the embayments, while smallmouth hold on rock walls and points along the main lake and toward the upper river section.

ALSO BITING

Walleye roam the rock and channel edges at low light, so try a jig and minnow or blade bait near points at dawn and dusk. Channel catfish bite in the evening off the Cheat Lake Park platforms.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

gauge on the lake; air record trending falling

DAM & WATER — GENERATION SCHEDULE

FIXED Dam-controlled water. No generation schedule posted by the operator for Mon Nov 16 – Wed Nov 18 — check the operator page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
CHEAT LAKE NEAR STEWARTSTOWN, WV	No generation schedule posted by the operator for Mon Nov 16 – Wed Nov 18 Observed: pool 868.60 ft (Mon 3:45 AM CT)	the operator
Permit / regs	It has fishing platforms, day-use boat docks, and access to the 4.5-mile Cheat Lake Trail along the shore.	

ACCESS — BANK / KAYAK / BOAT

BANK

Cheat Lake Park, on the peninsula between the Rubles Run and Morgans Run embayments, is the main public bank spot. It has fishing platforms, day-use boat docks, and access to the 4.5-mile Cheat Lake Trail along the shore.

KAYAK

In summer and fall, launch at the free public ramp at Sunset Beach Marina, then paddle into the Rubles Run or Morgans Run embayments, where no-wake water and docks give you calm fishing. Skip a small jig or wacky rig under dock edges and work a squarebill along rock walls.

BOAT

The free public launch at Sunset Beach Marina is the main trailer ramp, with parking for about 60 rigs. It works whenever the lake is above 865 ft, so it should be fine this week.

LURE BOX

TOP

Walking bait in bone along rock walls at first light. Popper near dock edges early. Buzzbait in black along shaded banks at dusk.

MID

Squarebill in shad or craw along rock and dock rows. Suspending jerkbait on wind-blown points. Small swimbait along walls when bait is up.

BOTTOM

3/8-oz jig in green pumpkin skipped under docks. Ned rig or tube on rock points. Drop shot at deeper dock ends and channel swings.