Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for South Holston Va area

South Holston Va

Virginia
Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Largemouth

BITE ODDS · THIS CAST

Strong odds

9/10

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Mostly stable	+ No lightning	+ 0–5 mph usable ripple	+ Clear / sunny (~0%)	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **57–66°F**, lows **29–33°F**, rain chance up to **~0%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

57° F high

LOW	29°F
SKY	Sunny
WIND	NE 0–5 mph
RAIN	~0%
SUN	7:06 AM / 5:18 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

63° F high

LOW	30°F
SKY	Sunny
WIND	0 mph
RAIN	~0%
SUN	7:07 AM / 5:17 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

66° F high

LOW	33°F
SKY	Sunny
WIND	0 mph
RAIN	~0%
SUN	7:08 AM / 5:17 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: NE → · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (7:06 AM EST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Largemouth plan: Follow shad into the backs of creeks and flats 1-10 ft; spinnerbait, squarebill and topwater at a fast pace.**

BIOLOGY

BASS STAGE

Largemouth are in the fall transition — following bait into creeks and onto flats as water cools.

Basis: estimated water ~56°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response); no water-temperature gauge on the lake; air record trending falling

NATURAL FORAGE

No roster note on file for this water.

ALSO BITING

No roster note on file for this water.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

DAM & WATER — GENERATION SCHEDULE

FIXED Dam-controlled water. Generation schedule and flows below are copied from the operator as posted at the Cast pull — schedules change; re-check the operator page the morning you fish. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
South Holston Dam	Mon 11/16: 1 AM - 6 AM EST 0, 6 AM - 11 AM EST 1, 11 AM - 6 PM EST 0, 6 PM - 10 PM EST 1, 10 PM - Midnight EST 0 · Tue 11/17: Midnight - 1 AM EST 0 · Wed 11/18: schedule not posted yet — TVA Observed: pool 1,710.30 ft (4 AM EST); outflow 10 cfs (4 AM EST)	TVA

ACCESS — BANK / KAYAK / BOAT

BANK
No bank slot on file for this water — confirm access with the managing agency before you go.

KAYAK
No kayak slot on file for this water — confirm access with the managing agency before you go.

BOAT
No boat slot on file for this water — confirm access with the managing agency before you go.

LURE BOX

TOP
No topwater slot on file for this water — stay mid / bottom.

MID
No mid-depth slot on file for this water.

BOTTOM
No bottom slot on file for this water.