Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Lake Moomaw area

Lake Moomaw

Virginia
Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Largemouth

BITE ODDS · THIS CAST

7 /10 — Fair odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Mostly stable	+ No lightning	~ Flat calm	+ Clear / sunny (~0%)	~ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **53–63°F**, lows **30–33°F**, rain chance up to **~0%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

53° F high

LOW	30°F
SKY	Sunny
WIND	NW 2 mph
RAIN	~0%
SUN	7:01 AM / 5:07 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

57° F high

LOW	32°F
SKY	Sunny
WIND	SW 1 mph
RAIN	~0%
SUN	7:02 AM / 5:06 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

63° F high

LOW	33°F
SKY	Sunny
WIND	W 2 mph
RAIN	~0%
SUN	7:03 AM / 5:06 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: NW → SW → W · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (7:01 AM EST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Largemouth plan: Slow down: steep points, channel drops and remaining grass just outside the creeks, between the fall flats and the 15-30 ft winter depth; suspending jerkbait with long pauses, jig-and-pig or blade bait crawled down the slope.**

BIOLOGY

BASS STAGE

Largemouth are in the late fall transition — water under the mid-50s, so bass are sliding off the shallow flats toward steeper points and channel drops near their fall feeding areas.

Basis: estimated water ~55°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response); no water-temperature

NATURAL FORAGE

What they are eating: Small baitfish, crayfish, and alewives in the open water. Largemouth in the coves are eating sunfish and crayfish.

ALSO BITING

Trout, including brown and rainbow trout, are present in the deeper, colder water and need a different approach. Yellow perch and crappie are easy targets around wood in the coves.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

gauge on the lake; air record trending falling

DAM & WATER — GENERATION SCHEDULE

FIXED Dam-controlled water. No generation schedule posted by USACE NAO for Mon Nov 16 – Wed Nov 18 — check the operator page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Lake Moomaw and Gathright Dam	No generation schedule posted by USACE NAO for Mon Nov 16 – Wed Nov 18 Observed: pool 1,564.51 ft (Mon 3:30 AM CT)	USACE NAO
Permit / regs	Check the live Virginia DWR regulations, including any trout rules, before you keep fish.	
Clarity	Both were very low evening, which means clear water and a stable level.	

ACCESS — BANK / KAYAK / BOAT

BANK

Public recreation areas at Bolar Mountain, Fortney Branch, and Coles Point put rock and points within a short walk. Verify hours and fees, since some recreation areas reduce services after the summer season. Cast a small swimbait or tube along rocky banks from late morning.

KAYAK

Launch at Fortney Branch, Bolar Mountain, or another public access. Moomaw's calm, clear water is excellent kayak water this week. Work rocky points and shoreline with a tube, Ned rig, or drop-shot, and fish wood in the coves with a jig or Texas rig.

BOAT

Start in the late morning and cover rocky points and shoreline with a jerkbait or small swimbait, then slow down with a tube or Ned rig. Fish deeper rock in 15 to 30 feet with a drop-shot. Throw topwater in the morning calm near rocky points, then work the shoreline with a jerkbait as the day warms.

LURE BOX

TOP

Walking bait on calm mornings over rock and points. Small popper in coves at first light. Buzzbait on overcast, breezy afternoons.

MID

Small swimbait on a light head along rock. Suspending jerkbait on clear mornings. Medium-diving crankbait on rocky points.

BOTTOM

Tube or Ned rig on rock and gravel. Drop-shot with a small shad profile. Football jig on deeper rock.