Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Seymour Lake area

Seymour Lake

Vermont

Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Smallmouth · Trout

BITE ODDS · THIS CAST

7 /10 — Fair odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
− Unsettled · 13°F swing	+ No lightning	+ 3–5 mph usable ripple	+ Clear / sunny (~1%)	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **37–50°F**, lows **25–33°F**, rain chance up to **~1%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

37° F high

LOW	25°F
SKY	Cloudy
WIND	NW 3 mph
RAIN	~1%
SUN	6:46 AM / 4:18 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

46° F high

LOW	33°F
SKY	Mostly Sunny
WIND	SW 5 mph
RAIN	~0%
SUN	6:47 AM / 4:17 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

50° F high

LOW	31°F
SKY	Partly Sunny
WIND	W 5 mph
RAIN	~0%
SUN	6:48 AM / 4:16 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: NW → SW → W · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (6:46 AM EST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Smallmouth plan: Go subsurface and a notch slower: edges of drop-offs, rocky points and bluff ends between the fall flats and the 20-40 ft winter depth; jerkbait with pauses, small jig or hula grub on the bottom, blade bait ripped off the bottom on points.**

BIOLOGY

BASS STAGE

Smallmouth are in the late fall transition — water in the low-to-mid 50s, so they are staging on drop-off edges, points and bends between their summer spots and the deep wintering holes.

Basis: estimated water ~47°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response), adjusted by 1 nearby

NATURAL FORAGE

Smallmouth are grouping on rock and feeding on crayfish and baitfish before winter. What they are eating: Smelt and small baitfish for trout and salmon.

ALSO BITING

Landlocked salmon share the open water with the lake trout and will hit the same spoons near the surface. Yellow perch are an easy option near the access area.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

USGS lake gauge; no water-temperature gauge on the lake; air record trending falling

WATER BOARD — LAKE CHEAT SHEET

FIXED Natural / small-impoundment water — no generation table. Check access rules and level notes with the managing agency before you go.

ITEM	NOTE	SOURCE
Permit / regs	Idle well away from the access area before getting on plane, and check the salmonid regulations before you go.	
Clarity	Seymour's clear water and rocky shoreline make it one of the best lakes in the Northeast Kingdom for both trolling and casting in the fall.	

ACCESS — BANK / KAYAK / BOAT

BANK

Bank access is limited to the public shoreline near the Seymour Lake Access Area on VT Route 111 in Morgan. Respect private shoreline and keep the ramp clear. Smallmouth are the realistic target from shore.

KAYAK

Launch from the VT Route 111 access area. Wind will make the open lake choppy, so stay close to the shore and fish rocky points near the access. Is the best kayak day.

BOAT

Use a fish finder to locate baitfish in the main basin and fish at that depth with downriggers, leadcore line, or a vertical jigging spoon. Run short trolling passes between showers. Start in the late morning and alternate between trolling the basin and casting rock for smallmouth.

LURE BOX

TOP

Streamer fly or small stickbait trolled near the surface at first light. Small walking bait on calm water for smallmouth only. Shallow-running minnow plug along the shore on overcast mornings.

MID

Trolling spoons (silver / gold) behind leadcore. Small minnow plugs on a planer board. Suspending jerkbait on steep walls.

BOTTOM

Vertical jigging spoon on bait marks. Tube jig hopped near bottom on deep humps. Drop-shot for smallmouth on nearshore rock.