FRESHWATER CAST · MONDAY CAST

Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Utah Lake area

Utah Lake

Utah
Mon Nov 16 – Wed Nov 18, 2026 · Mountain Time · Catfish

BITE ODDS · THIS CAST

7 /10

Fair odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Mostly stable	+ No lightning	+ 8–10 mph usable ripple	− Rain up to ~98%	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **47–55°F**, lows **38–45°F**, rain chance up to **~98%**. Story is the wet stretch — bite windows ride the rain timing, not the calendar.

THREE-DAY WEATHER

MONDAY NOV 16

55° F high

LOW	45°F
SKY	Mostly Cloudy
WIND	SSE 2–8 mph
RAIN	~6%
SUN	7:13 AM / 5:09 PM

Frame: Stable day — first-light moving bait, then slow down around shade and cover once the sun is up.

TUESDAY NOV 17

52° F high

LOW	38°F
SKY	Light Rain
WIND	SSE 6–10 mph
RAIN	~98%
SUN	7:14 AM / 5:08 PM

Frame: Wet day — fish the front side of the rain; slow down and stay close to cover after it passes.

WEDNESDAY NOV 18

47° F high

LOW	39°F
SKY	Mostly Sunny
WIND	SSE 1–8 mph
RAIN	~41%
SUN	7:16 AM / 5:08 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: SSE · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (7:13 AM MST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Catfish plan: Follow shad onto flats and creek channels 5-20 ft; fresh cut shad, drift or anchor.**

BIOLOGY

BASS STAGE

Catfish are in the fall transition — following bait into creeks and onto flats as water cools.

Basis: estimated water ~50°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response); no water-temperature gauge on the lake; air record trending falling

NATURAL FORAGE

What's on the menu: young white bass, young carp, and other small fish, plus insects and crayfish along the bottom.

ALSO BITING

Also on this water: walleye on rocky structure at low light, largemouth bass around the harbors, and carp throughout the lake for bowfishing and bait anglers.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

DAM & WATER — GENERATION SCHEDULE

FIXED Dam-controlled water. No generation schedule posted by the operator for Mon Nov 16 – Wed Nov 18 — check the operator page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Utah Lake	No generation schedule posted by the operator for Mon Nov 16 – Wed Nov 18 Observed: pool -4.38 ft (Sat 11/14)	the operator
Permit / regs	All ramps open, weather permitting.	

ACCESS — BANK / KAYAK / BOAT

BANK

Shore anglers have plenty of room on Utah Lake this fall. Start at Utah Lake State Park at the west end of Center Street in Provo, where the harbor breakwaters and riprap put deeper water within a cast.

KAYAK

This is the calmest stretch in weeks for paddling Utah Lake, which can turn rough fast when wind arrives. Launch from Utah Lake State Park or the Lindon Marina and stay within reach of the harbor, working the breakwater ends and the Provo River channel. Watch for gulls diving and water boiling.

BOAT

Boaters can cover the whole lake this week. Launch at Utah Lake State Park, the American Fork Marina, or Lincoln Beach depending on where you want to start, and confirm water depth at the ramp before you back down.

LURE BOX

TOP

Small white or silver inline spinners, swimming jigs, and lipless crankbaits ripped through surface-feeding white bass. A popping cork over a small jig works for bank anglers when fish are shallow.

MID

Blade baits, small spoons, and white or chartreuse soft-plastic swimbaits for white bass holding off breakwaters. For walleye, a jig and nightcrawler or a shallow-diving crankbait along rock at dusk.

BOTTOM

Cut bait from fresh white bass or carp, nightcrawlers, or shrimp on a slip-sinker rig for channel catfish. Use a stout hook and heavy line; Utah DWR puts the average Utah Lake channel catfish at 4 to 6 pounds.