Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for East TN TVA Stairway area

East TN TVA Stairway

Tennessee
Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Largemouth · Spotted

BITE ODDS · THIS CAST

9/10 — Strong odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Stable pattern	+ No lightning	+ 0–5 mph usable ripple	+ Clear / sunny (~0%)	~ Fall transition · turnover	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **59–65°F**, lows **34–36°F**, rain chance up to **~0%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

59° F high

LOW	34°F
SKY	Sunny
WIND	NE 0–5 mph
RAIN	~0%
SUN	7:13 AM / 5:29 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

63° F high

LOW	35°F
SKY	Sunny
WIND	0 mph
RAIN	~0%
SUN	7:14 AM / 5:28 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

65° F high

LOW	36°F
SKY	Sunny
WIND	0 mph
RAIN	~0%
SUN	7:15 AM / 5:28 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: NE → · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (7:13 AM EST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Largemouth plan: Follow shad into the backs of creeks and flats 1-10 ft; spinnerbait, squarebill and topwater at a fast pace.**

BIOLOGY

BASS STAGE

Largemouth are in the fall transition — following bait into creeks and onto flats as water cools. Possible turnover window on stratified reservoirs — the bite can go off for a few days.

Basis: estimated water ~59°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response); no water-temperature

NATURAL FORAGE

Dated forage reports for this exact window are thin. Most-likely forage is threadfin and gizzard shad pushing into creek mouths and along current seams at dawn, with bluegill around Tellico docks and crawfish on Loudoun and Watts Bar riprap.

ALSO BITING

Crappie · catfish. Fall brush and creek channels on Loudoun and Watts Bar; cut shad for blue and channel cats on current breaks below the dams.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

gauge on the lake; air record trending falling

DAM & WATER — GENERATION SCHEDULE

FIXED Dam-controlled water. Generation schedule and flows below are copied from the operator as posted at the Cast pull — schedules change; re-check the operator page the morning you fish. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Fort Loudoun Dam	Mon 11/16: 1 AM - 3 AM EST 1, 3 AM - 2 PM EST 2 or more, 2 PM - 5 PM EST 1, 5 PM - Midnight EST 2 or more · Tue 11/17: Midnight - 1 AM EST 2 or more · Wed 11/18: schedule not posted yet — TVA Observed: pool 810.29 ft (5 AM EST); outflow 13,108 cfs (5 AM EST)	TVA
Watts Bar Dam	Mon 11/16: 1 AM - 3 AM EST 3, 3 AM - 2 PM EST 4 or more, 2 PM - 5 PM EST 3, 5 PM - Midnight EST 4 or more · Tue 11/17: Midnight - 1 AM EST 3 · Wed 11/18: schedule not posted yet — TVA Observed: pool 738.42 ft (5 AM EST); outflow 20,953 cfs (5 AM EST)	TVA
Tellico Dam	No generation schedule posted by TVA for Mon Nov 16 – Wed Nov 18 Observed: pool 810.30 ft (5 AM EST); outflow 0 cfs (5 AM EST)	TVA
Confirm	TWRA Fishing	tn.gov
Confirm	TN eRegulations	eregulations.com
Permit / regs	Start on Lenoir City Park day-use banks along the Fort Loudoun shoreline, the fishing pier and walks at Concord Park in west Knox County, the Tellico Dam Reservation day-use area where posted, or Kingston City Park on Watts Bar.	
Clarity	Holds 2+ all day EDT — sustained current on Loudoun river ledges, bridge riprap, and creek-mouth points.	

ACCESS — BANK / KAYAK / BOAT

BANK

Start on Lenoir City Park day-use banks along the Fort Loudoun shoreline, the fishing pier and walks at Concord Park in west Knox County, the Tellico Dam Reservation day-use area where posted, or Kingston City Park on Watts Bar.

KAYAK

Tellico is the paddler's pool this week — protected coves off the Tellico Dam Reservation and Lotterdale Cove stay out of Loudoun's current and most barge traffic. Wear a PFD, carry a light, and give dam discharges a very wide margin when Watts Bar climbs into four-plus late.

BOAT

Launch options: Lenoir City Park, Concord Park, the Tellico Dam Reservation ramp, or Kingston City Park for Watts Bar. Locking through Fort Loudoun costs time — pick one pool per day. Confirm boards evening, and slow down around anchored crappie and striper boats on current breaks.

LURE BOX

TOP

Walking bait (bone / chrome); buzzbait or popper (white) at first light; hollow-body frog on Tellico grass and dock shade.

MID

Lipless crank (chrome blue / red craw) on windward banks; squarebill (shad) on riprap; swimbait or medium crank on Watts Bar current points.

BOTTOM

Stain / clear match: Clarity unconfirmed. Lean shad chrome / white on clearer Tellico and lower Loudoun; lime and darker craw if upper creek arms look stained.