FRESHWATER CAST · MONDAY CAST

Monday Cast live · Nov 16–18, 2026

**Weather**
National Weather Service forecast for Sweet Arrow Lake area

# Sweet Arrow Lake

Pennsylvania
Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Largemouth

BITE ODDS · THIS CAST

Strong odds

**9**/10

0 2 4 6 8 10

| PRESSURE | STORMS | WIND | SKY / RAIN | BASS STAGE | CROWD |
|---|---|---|---|---|---|
| + Mostly stable | + No lightning | + 3–8 mph usable ripple | + Clear / sunny (~0%) | + Fall transition | + Weekday · lighter traffic |

WEEK Early-week setup on this water — highs **53–61°F**, lows **30–33°F**, rain chance up to **~0%**. Story is light and bait position — dawn and last light carry the window.

## THREE-DAY WEATHER

### MONDAY NOV 16

**53°** F high

| | |
|---|---|
| LOW | 30°F |
| SKY | Mostly Sunny |
| WIND | NW 3–8 mph |
| RAIN | ~0% |
| SUN | 6:52 AM / 4:47 PM |

*Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.*

### TUESDAY NOV 17

**57°** F high

| | |
|---|---|
| LOW | 32°F |
| SKY | Patchy Fog then Sunny |
| WIND | NW 1–5 mph |
| RAIN | ~0% |
| SUN | 6:54 AM / 4:46 PM |

*Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.*

### WEDNESDAY NOV 18

**61°** F high

| | |
|---|---|
| LOW | 33°F |
| SKY | Sunny |
| WIND | NW 3 mph |
| RAIN | ~0% |
| SUN | 6:55 AM / 4:45 PM |

*Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.*

Window: Mon–Wed · Air: NW · Bite window: dawn + last light

## HOW TO FISH THIS WEATHER

### MORNING

- Shallow cover, points, creek mouths
- **First light (6:52 AM EST) → ~9 AM**
- Use any ripple as cover

### MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

### EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Largemouth plan: Follow shad into the backs of creeks and flats 1-10 ft; spinnerbait, squarebill and topwater at a fast pace.**

## BIOLOGY

### BASS STAGE

**Largemouth are in the fall transition — following bait into creeks and onto flats as water cools.**

Basis: estimated water ~55°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response); no water-temperature gauge on the lake; air record trending falling

### NATURAL FORAGE

**What's on the menu: We do not have a dated forage report for this window. Most likely, small baitfish and young sunfish and perch are the main meal along the weed edges and points, with crayfish on rocky banks and around wood.**

### ALSO BITING

**Stocked trout. The park says about 3,000 trout are stocked each year, including some fish over 20 inches.**

### PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

## DAM & WATER — CONFIRM BEFORE YOU LAUNCH

FIXED Dam-controlled water. No shared generation/level feed this cycle — check the agency page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

| ITEM | NOTE | SOURCE |
|---|---|---|
| Permit / regs | Unpowered boats need a state park launch permit, a PFBC use permit, or a current registration. | |

## ACCESS — BANK / KAYAK / BOAT

### BANK

Expect cool starts, near 39 to 40 degrees mornings, so dress in layers and plan for the bite to build by mid-morning. You can fish from any shore on Sweet Arrow Lake, since no private property touches the water.

### KAYAK

Launch at the Fish and Boat Access Area on Sweet Arrow Lake Road or the special needs access near the clubhouse, and park in the regular lot. The lake is small enough to paddle in a morning. On the windiest day, stay in protected coves and fish the windward points at the cove mouths.

### BOAT

Launch at the Fish and Boat Access Area on Sweet Arrow Lake Road, the designated boat launch. Electric motors only. Early, work wind-blown points and weed edges with spinnerbaits and squarebills.

## LURE BOX

### TOP

Walking bait over weed flats on the warmest afternoon. Buzzbait along shady banks at first light. Hollow-body frog over matted weeds.

### MID

3/8 oz spinnerbait on wind-blown points. Squarebill crankbait along weed edges and wood. Paddle-tail swimbait for suspended fish.

### BOTTOM

Texas-rigged creature bait along weed edges. 3/8 oz jig on points and wood. Drop shot on deeper edges.