FRESHWATER CAST · MONDAY CAST

Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Cowanesque Lake area

Cowanesque Lake

Pennsylvania
Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Largemouth

BITE ODDS · THIS CAST

6/10

Fair odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
− Unsettled · 13°F swing	+ No lightning	+ 5–8 mph usable ripple	+ Clear / sunny (~0%)	~ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **45–58°F**, lows **29–30°F**, rain chance up to **~0%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

45° F high

LOW	30°F
SKY	Mostly Cloudy
WIND	NW 3–8 mph
RAIN	~0%
SUN	6:59 AM / 4:47 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

53° F high

LOW	29°F
SKY	Mostly Sunny
WIND	W 2–6 mph
RAIN	~0%
SUN	7:00 AM / 4:46 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

58° F high

LOW	30°F
SKY	Patchy Fog then Sunny
WIND	SW 1–5 mph
RAIN	~0%
SUN	7:02 AM / 4:45 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: NW → W → SW · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (6:59 AM EST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Largemouth plan: Slow down: steep points, channel drops and remaining grass just outside the creeks, between the fall flats and the 15-30 ft winter depth; suspending jerkbait with long pauses, jig-and-pig or blade bait crawled down the slope.**

BIOLOGY

BASS STAGE

Largemouth are in the late fall transition — water under the mid-50s, so bass are sliding off the shallow flats toward steeper points and channel drops near their fall feeding areas.

Basis: estimated water ~52°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response); no water-temperature

NATURAL FORAGE

What's on the menu: We do not have a dated forage report for this window. Most likely, small baitfish and young sunfish and perch are the main meal along the weed edges and points, with crayfish on rocky banks and around wood.

ALSO BITING

Tiger muskellunge. Tiger muskies roam the edges and points.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

gauge on the lake; air record trending falling

DAM & WATER — GENERATION SCHEDULE

FIXED Dam-controlled water. No generation schedule posted by USACE NAB for Mon Nov 16 – Wed Nov 18 — check the operator page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Cowanesque Lake	No generation schedule posted by USACE NAB for Mon Nov 16 – Wed Nov 18 Observed: pool 1,080.26 ft (Mon 3:00 AM CT); observed outflow (USACE) 10 cfs (Mon 3:00 AM CT)	USACE NAB
Permit / regs	The South Shore day-use area along SR 49 has a seasonal launch, picnic areas, and shoreline fishing.	

ACCESS — BANK / KAYAK / BOAT

BANK

Expect cool starts, near 36 to 39 degrees mornings, so dress in layers and plan for the bite to build by mid-morning. Fish from the shoreline at the South Shore Recreation Area or the Lawrence Recreation Area, both off SR 49 west of Lawrenceville. Points along the south shore are good for bass and crappie.

KAYAK

Launch at the South Shore Recreation Area if the seasonal launch is open, and fish the slow, no-wake coves like Mapes Creek Cove. The coves give shelter on windy days. On the windiest day, stay in protected coves and fish the windward points at the cove mouths.

BOAT

Launch at the South Shore Recreation Area launch off SR 49 if it is open. The Tompkins Recreation Area launch is for registered campers and boat club customers. There are no horsepower limits.

LURE BOX

TOP

Walking bait over weed flats on the warmest afternoon. Buzzbait along shady banks at first light. Hollow-body frog over matted weeds.

MID

3/8 oz spinnerbait on wind-blown points. Squarebill crankbait along weed edges and wood. Paddle-tail swimbait for suspended fish.

BOTTOM

Texas-rigged creature bait along weed edges. 3/8 oz jig on points and wood. Drop shot on deeper edges.