FRESHWATER CAST · MONDAY CAST

Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Paulina Lake area

Paulina Lake

Oregon
Mon Nov 16 – Wed Nov 18, 2026 · Central Time · Trout

BITE ODDS · THIS CAST

7 /10

Fair odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Stable pattern	+ No lightning	~ Flat calm	− Rain up to ~85%	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **48–51°F**, lows **34–37°F**, rain chance up to **~85%**. Story is the wet stretch — bite windows ride the rain timing, not the calendar.

THREE-DAY WEATHER

MONDAY NOV 16

49° F high

LOW	37°F
SKY	Rain Showers Likely
WIND	SW 2 mph
RAIN	~56%
SUN	—

Frame: Wet day — fish the front side of the rain; slow down and stay close to cover after it passes.

TUESDAY NOV 17

51° F high

LOW	37°F
SKY	Mostly Sunny
WIND	SSE 2 mph
RAIN	~85%
SUN	—

Frame: Wet day — fish the front side of the rain; slow down and stay close to cover after it passes.

WEDNESDAY NOV 18

48° F high

LOW	34°F
SKY	Rain And Snow
WIND	E 2 mph
RAIN	~85%
SUN	—

Frame: Wet day — fish the front side of the rain; slow down and stay close to cover after it passes.

Window: Mon–Wed · Air: SW → SSE → E · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (first light CST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Trout plan: Target inflows and shoreline drop-offs as water cools; spoons, spinners and streamers, moderate.**

BIOLOGY

BASS STAGE

Trout are in the fall transition — following bait into creeks and onto flats as water cools.

Basis: estimated water ~54°F — statewide median of 24 lake estimates from the observed air record (NOAA ACIS) — no coordinates on file for this lake; no water-temperature gauge on the lake; air record trending rising

NATURAL FORAGE

What's on the menu: We do not have a dated forage report for this window. Most likely, plankton for kokanee, and small fish, chub, and insects for trout make up most of the menu this time of year.

ALSO BITING

Brown trout. Paulina has produced very large brown trout.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

DAM & WATER — CONFIRM BEFORE YOU LAUNCH

FIXED Dam-controlled water. No shared generation/level feed this cycle — check the agency page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Permit / regs	Check before you launch: the ODFW Central Zone regulations (five kokanee in addition to the daily trout limit, in the most recent report), and the Deschutes National Forest pages for monument campground and launch status.	
Clarity	Light winds all three days mean flat, clear water, so fish will see your line and boat easily.	

ACCESS — BANK / KAYAK / BOAT

BANK

Bank anglers can fish around the Paulina Lake Day Use Area, where the Paulina Lakeshore Trail starts, and along the trail toward the hot springs. The resort asks anglers not to fish from its beach and docks. Expect cool starts near 46 to 47 degrees, so dress in layers.

KAYAK

Launch at the Paulina Lake Day Use Area or Little Crater and paddle the nearby shoreline. The lake is large, so stay near shore and head in if the wind picks up. Troll a small spinner or wooly bugger slowly behind the kayak along the drop-offs, and use a fish finder if you have one to spot the depth fish are holding .

BOAT

Launch at the Paulina Lake Day Use Area, Little Crater on the east side, or Paulina Lake Resort. Troll small hoochies or spinners tipped with corn behind a dodger for kokanee, or jig for them once you find a school. For browns, troll a minnow plug along the shoreline at first light.

LURE BOX

TOP

Small dry fly or emerger on rising fish at dawn. Floating minnow twitched along the shoreline at first light.

MID

Small inline spinner cast or trolled along the drop-offs. Slim spoon trolled at mid-depths. Wedding-ring spinner with a worm or corn behind a dodger.

BOTTOM

PowerBait on a sliding-sinker rig. Nightcrawler floated just off the bottom. Balanced leech or chironomid under an indicator.