Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for East Lake area

East Lake

Oregon
Mon Nov 16 – Wed Nov 18, 2026 · Central Time · Trout

BITE ODDS · THIS CAST

7 /10 — Fair odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Stable pattern	+ No lightning	~ Flat calm	− Rain up to ~85%	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **48–51°F**, lows **34–37°F**, rain chance up to **~85%**. Story is the wet stretch — bite windows ride the rain timing, not the calendar.

THREE-DAY WEATHER

MONDAY NOV 16

49° F high

LOW	37°F
SKY	Rain Showers Likely
WIND	SW 2 mph
RAIN	~56%
SUN	—

Frame: Wet day — fish the front side of the rain; slow down and stay close to cover after it passes.

TUESDAY NOV 17

51° F high

LOW	37°F
SKY	Mostly Sunny
WIND	SSE 2 mph
RAIN	~85%
SUN	—

Frame: Wet day — fish the front side of the rain; slow down and stay close to cover after it passes.

WEDNESDAY NOV 18

48° F high

LOW	34°F
SKY	Rain And Snow
WIND	E 2 mph
RAIN	~85%
SUN	—

Frame: Wet day — fish the front side of the rain; slow down and stay close to cover after it passes.

Window: Mon–Wed · Air: SW → SSE → E · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (first light CST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Trout plan: Target inflows and shoreline drop-offs as water cools; spoons, spinners and streamers, moderate.**

BIOLOGY

BASS STAGE

Trout are in the fall transition — following bait into creeks and onto flats as water cools.

Basis: estimated water ~54°F — statewide median of 24 lake estimates from the observed air record (NOAA ACIS) — no coordinates on file for this lake; no water-temperature gauge on the lake; air record trending rising

NATURAL FORAGE

What's on the menu: We do not have a dated forage report for this window. Most likely, chironomids, callibaetis, beetles and other land insects, and small fish make up most of the menu this time of year.

ALSO BITING

Kokanee are running 13 to 15 inches. Troll a small hoochie or spinner with corn, or jig for them once you find a school.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

DAM & WATER — CONFIRM BEFORE YOU LAUNCH

FIXED Dam-controlled water. No shared generation/level feed this cycle — check the agency page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Permit / regs	Check before you launch: the ODFW Central Zone report and regulations (catch-and-release for tiger trout), and the Deschutes National Forest pages for campground and launch status in the monument.	
Clarity	Light winds all three days mean flat, clear water, so fish will see your line and boat easily.	

ACCESS — BANK / KAYAK / BOAT

BANK

Bank anglers can fish around East Lake Campground, Cinder Hill Campground, and the shoreline near East Lake Resort, where shoals drop into deeper water within casting range. Expect cool starts near 46 to 47 degrees, so dress in layers.

KAYAK

Launch at East Lake Campground or Cinder Hill and paddle along the shoals and drop-offs. Kayaks and float tubes are the easy way onto the water while the level is low. Troll a small spinner or wooly bugger slowly behind the kayak along the drop-offs, and use a fish finder if you have one to spot the depth fish are holding .

BOAT

Launch at Cinder Hill, East Lake Campground, or East Lake Resort, but expect shallow water at the ramps. Smaller boats launch much more easily this fall. Troll a small spoon or minnow plug slowly along the drop-offs for browns, or anchor on a shoal edge and fish a chironomid or balanced leech under an indicator.

LURE BOX

TOP

Small dry fly or emerger on rising fish at dawn. Floating minnow twitched along the shoreline at first light.

MID

Small inline spinner cast or trolled along the drop-offs. Slim spoon trolled at mid-depths. Wedding-ring spinner with a worm or corn behind a dodger.

BOTTOM

PowerBait on a sliding-sinker rig. Nightcrawler floated just off the bottom. Balanced leech or chironomid under an indicator.