FRESHWATER CAST · MONDAY CAST

Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Lake Winnisquam area

Lake Winnisquam

New Hampshire
Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Smallmouth

BITE ODDS · THIS CAST

Strong odds

8/10

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
~ 11°F swing	+ No lightning	+ 5–10 mph usable ripple	+ Clear / sunny (~1%)	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **47–58°F**, lows **28–36°F**, rain chance up to **~1%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

47° F high

LOW	28°F
SKY	Sunny
WIND	W 5 mph
RAIN	~1%
SUN	6:40 AM / 4:20 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

53° F high

LOW	36°F
SKY	Sunny
WIND	W 0–5 mph
RAIN	~0%
SUN	6:42 AM / 4:19 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

58° F high

LOW	34°F
SKY	Mostly Sunny
WIND	W 5–10 mph
RAIN	~0%
SUN	6:43 AM / 4:18 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: W · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (6:40 AM EST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Smallmouth plan: Go subsurface and a notch slower: edges of drop-offs, rocky points and bluff ends between the fall flats and the 20-40 ft winter depth; jerkbait with pauses, small jig or hula grub on the bottom, blade bait ripped off the bottom on points.**

BIOLOGY

BASS STAGE

Smallmouth are in the late fall transition — water in the low-to-mid 50s, so they are staging on drop-off edges, points and bends between their summer spots and the deep wintering holes.

Basis: estimated water ~52°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response); no water-temperature

NATURAL FORAGE

What's on the menu: Yellow perch and smelt-type baitfish lead the menu, with crawfish steady on the ledges.

ALSO BITING

Largemouth around docks and weed in the coves; lake trout and rainbow trout in deeper water. Check NH Fish and Game rules before you keep fish.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

gauge on the lake; air record trending falling

DAM & WATER — CONFIRM BEFORE YOU LAUNCH

FIXED Dam-controlled water. No shared generation/level feed this cycle — check the agency page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Permit / regs	Carry a valid NH license and respect posted no-wake and restricted areas.	

ACCESS — BANK / KAYAK / BOAT

BANK

Start at the posted public shoreline near the Mosquito Bridge state access in Belmont, Bartlett Beach in Laconia when it's open, and the shore trails at Ahern State Park — verify hours and parking live and stay off private lawns. The fog morning is the bank window: a tube or walking bait on the first rock.

KAYAK

Launch from the Mosquito Bridge state access in Belmont for short paddles to the nearby points and docks. Morning, stay close to shore in the fog and wear bright colors. The west wind can make the open lake rough, so fish the Belmont-side lee docks and rock with a Ned rig.

BOAT

Launch from the Mosquito Bridge state access and idle under the bridge. Run early as the fog lifts and work ledges and points with walking baits and tubes. The warm, calm rebound day — cover points and ledges after the frost lifts, then slide deeper as the sun gets high.

LURE BOX

TOP

Walking bait — bone or chrome, fog afternoon. Small popper — calm pockets after the frost lifts. Spinnerbait — white on wind-blown rock.

MID

Tube — green pumpkin or smoke on rock. Ned rig — green pumpkin on lee rock and docks. Small swimbait — smelt or perch when bait shows.

BOTTOM

Football jig — green pumpkin or brown, 10–20 ft. Lake Winnisquam runs clear, so lean on natural colors this week — smoke, perch, and green pumpkin.