Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Lake Cochituate area

Lake Cochituate

Massachusetts
Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Largemouth

BITE ODDS · THIS CAST

Fair odds

7 /10

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
~ 12°F swing	+ No lightning	+ 5–6 mph usable ripple	+ Clear / sunny (~1%)	~ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **50–62°F**, lows **28–36°F**, rain chance up to **~1%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

50° F high

LOW	28°F
SKY	Sunny
WIND	NW 6 mph
RAIN	~1%
SUN	6:37 AM / 4:22 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

55° F high

LOW	36°F
SKY	Sunny
WIND	W 5 mph
RAIN	~0%
SUN	6:38 AM / 4:22 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

62° F high

LOW	35°F
SKY	Sunny
WIND	W 6 mph
RAIN	~0%
SUN	6:39 AM / 4:21 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: NW → W · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (6:37 AM EST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Largemouth plan: Slow down: steep points, channel drops and remaining grass just outside the creeks, between the fall flats and the 15-30 ft winter depth; suspending jerkbait with long pauses, jig-and-pig or blade bait crawled down the slope.**

BIOLOGY

BASS STAGE

Largemouth are in the late fall transition — water under the mid-50s, so bass are sliding off the shallow flats toward steeper points and channel drops near their fall feeding areas.

Basis: estimated water ~52°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response), adjusted by 1 nearby

NATURAL FORAGE

Cold nights in the upper 30s and low 40s will cool the shallows quickly, and baitfish and bass will move toward the remaining weed and the drop-offs next to it. What's on the menu: No local forage report was available for this Cast window.

ALSO BITING

Bluegill · yellow perch. MassWildlife notes plenty of big bluegill and yellow perch in all three basins.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

USGS lake gauge; no water-temperature gauge on the lake; air record trending falling

DAM & WATER — GENERATION SCHEDULE

FIXED Dam-controlled water. No generation schedule posted by the operator for Mon Nov 16 – Wed Nov 18 — check the operator page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Lake Cochituate Dam And Gate House	No generation schedule posted by the operator for Mon Nov 16 – Wed Nov 18 Observed: observed flow at USGS 01098500 (Cochituate Bk Bl Lake Cochituate At Framingham, Ma) 22 cfs (Mon 4:00 AM CT)	the operator
Clarity	Moderate clarity: MassWildlife lists Lake Cochituate's typical clarity at about 5 to 7 feet, and some stain from last week's rain may linger near inflows early .	

ACCESS — BANK / KAYAK / BOAT

BANK

Most of Lake Cochituate's shoreline is inside Cochituate State Park, so bank anglers have more room here than on most suburban lakes, although parking along the street is often the rule.

KAYAK

Kayaks and canoes can launch at the DCR boat ramp in Cochituate State Park off Route 30, on the middle basin, or at the cartop launch at Wayland Town Beach off Pemberton Road, on the north basin; parking fees may apply at both. Is a fair paddling day, and the light southwest wind is the best of the three.

BOAT

Boats launch at the DCR boat ramp in Cochituate State Park off Route 30, a large ramp on the north shore of the middle basin with parking for about 50 trailers. From there, the boat passages let you reach the north and south basins, so you can always find a shoreline out of the wind; go through them slowly.

LURE BOX

TOP

A walking bait or a frog can still draw strikes over shallow weed or afternoon. Skip topwater morning after the cold night.

MID

Spinnerbaits, chatterbaits, and lipless crankbaits imitate fall baitfish. Run them along wind-blown weed edges and points.

BOTTOM

A jig, a Texas-rigged worm, or a drop shot on the deep weed edge is the cold-morning plan. Moderate clarity: MassWildlife lists Lake Cochituate's typical clarity at about 5 to 7 feet, and some stain from last week's rain may linger near inflows early .