Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Seboeis Lake: Cool Nights, Fall Rock Bite & a Frosty Midweek area

Seboeis Lake: Cool Nights, Fall Rock Bite & a Frosty Midweek

Maine
Mon Nov 16 – Wed Nov 18, 2026 · Central Time · Trout

BITE ODDS · THIS CAST

9/10 — Strong odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Mostly stable	+ No lightning	+ 9–10 mph usable ripple	+ Clear / sunny (~0%)	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **39–48°F**, lows **27–37°F**, rain chance up to **~0%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

39° F high

LOW	27°F
SKY	Mostly Sunny
WIND	NW 5–9 mph
RAIN	~0%
SUN	—

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

46° F high

LOW	37°F
SKY	Mostly Sunny
WIND	W 2–10 mph
RAIN	~0%
SUN	—

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

48° F high

LOW	36°F
SKY	Partly Sunny
WIND	W 5–9 mph
RAIN	~0%
SUN	—

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: NW → W · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (first light CST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Trout plan: Target inflows and shoreline drop-offs as water cools; spoons, spinners and streamers, moderate.**

BIOLOGY

BASS STAGE

Trout are in the fall transition — following bait into creeks and onto flats as water cools.

Basis: estimated water ~49°F — statewide median of 26 lake estimates from the observed air record (NOAA ACIS) — no coordinates on file for this lake; no water-temperature gauge on the lake; air record trending falling

NATURAL FORAGE

Smelt lead for salmon; yellow perch and insects fill out brook-trout menus near shore.

ALSO BITING

Smallmouth · yellow perch. Some northern lakes hold smallmouth on rock.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

DAM & WATER — CONFIRM BEFORE YOU LAUNCH

FIXED Dam-controlled water. No shared generation/level feed this cycle — check the agency page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Confirm	Maine Inland Fisheries and Wildlife	maine.gov

ACCESS — BANK / KAYAK / BOAT

BANK

Bank access on Seboeis Lake is mostly at the public launch and any posted shoreline next to it. Arrive early, park clear of the trailer lane, and fish the nearest rocky edge or riprap where it is posted open. At first light, cast a small walking bait or a tube along that edge.

KAYAK

Launch at the public ramp on Seboeis Lake and stay close to shore on the first paddle. Work the nearest points, boulder edges, and the first drop-off with a tube, a Ned rig, or a small swimbait, and move only as far as you can still see the ramp in a rising breeze.

BOAT

Launch at the public trailer ramp on Seboeis Lake and clear the dock quickly so the next trailer can launch. From late morning to midafternoon after cold nights, fish rocky points and the first deep break with a tube, a jerkbait, or a drop-shot, and graph for bait before you make a long move.

LURE BOX

TOP

Smelt-pattern streamer trolled near the surface. Slim minnow plug along shoreline drops. Small surface plug for salmon at dawn on calm water.

MID

Jerkbait cast along rocky points. Inline spinner near tributary mouths where legal.

BOTTOM

Tube on the edge of deep shoals. Jigging spoon over marked fish. Small jig for perch and occasional smallmouth.