Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Sebago Lake area

Sebago Lake

Maine

Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Smallmouth

BITE ODDS · THIS CAST

Strong odds

8/10

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
~ 11°F swing	+ No lightning	+ 5–5 mph usable ripple	+ Clear / sunny (~1%)	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **48–59°F**, lows **23–32°F**, rain chance up to **~1%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

48° F high

LOW	23°F
SKY	Sunny
WIND	NW 0–5 mph
RAIN	~1%
SUN	6:37 AM / 4:15 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

53° F high

LOW	30°F
SKY	Sunny
WIND	W 0–5 mph
RAIN	~0%
SUN	6:39 AM / 4:14 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

59° F high

LOW	32°F
SKY	Sunny
WIND	W 0–5 mph
RAIN	~0%
SUN	6:40 AM / 4:14 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: NW → W · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (6:37 AM EST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Smallmouth plan: Go subsurface and a notch slower: edges of drop-offs, rocky points and bluff ends between the fall flats and the 20-40 ft winter depth; jerkbait with pauses, small jig or hula grub on the bottom, blade bait ripped off the bottom on points.**

BIOLOGY

BASS STAGE

Smallmouth are in the late fall transition — water in the low-to-mid 50s, so they are staging on drop-off edges, points and bends between their summer spots and the deep wintering holes.

Basis: estimated water ~51°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response); no water-temperature

NATURAL FORAGE

Smelt are a key forage fish in Sebago, and crayfish live on every rocky bank, so a smelt-colored jerkbait and a green pumpkin tube cover most of the menu. Yellow perch and shiners round it out near the weeds.

ALSO BITING

Landlocked salmon · togue. Sebago is one of Maine's original landlocked salmon lakes, and togue live in its deep basin.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

gauge on the lake; air record trending falling

DAM & WATER — GENERATION SCHEDULE

FIXED Dam-controlled water. No generation schedule posted by the operator for Mon Nov 16 – Wed Nov 18 — check the operator page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Sebago Lake near North Windham, Maine	No generation schedule posted by the operator for Mon Nov 16 – Wed Nov 18 Observed: pool 262.70 ft (Mon 3:15 AM CT)	the operator
Confirm	Maine IFW fishing page	maine.gov
Permit / regs	Sebago Lake State Park in Casco and Naples has more shoreline for the day-use fee.	
Clarity	Tributaries are trickling, so expect clear water.	

ACCESS — BANK / KAYAK / BOAT

BANK

The Songo Lock Veterans Fishing Pier on State Park Road, where the Songo and Crooked rivers meet, is free and accessible, and it is out of the worst of a west wind. Sebago Lake State Park in Casco and Naples has more shoreline for the day-use fee. In Raymond, Raymond Beach is open dawn to dusk.

KAYAK

If you go, paddle the Songo River from the state park side, or launch at Raymond's Veterans' Memorial Park kayak launch only if Jordan Bay is calm, staying tight to the shore. Is the day: light southwest wind lets you work rocky points and weed edges near the north end with a drop-shot and a tube.

BOAT

Launch at the Sebago Lake State Park ramp, Raymond Beach ramp, or Sebago Lake Station Landing in Standish, where fees and water-supply rules apply. Fish the calm hour after the fog lifts, then tuck into the lee of Frye Island and the west-shore points as the wind builds.

LURE BOX

TOP

Walking bait over calm shoals afternoon. Small popper in protected coves when the sun is on them. Skip topwater in the wind; it rarely works in whitecaps.

MID

Suspending jerkbait (smelt or ghost shiner) on windward-edge rock. Small paddle-tail swimbait on a light head along the first drop. Spinnerbait on wind-blown sheltered edges, white or silver.

BOTTOM

Tube (green pumpkin or smoke) dragged on rock. Drop-shot with a small finesse worm for marked fish on humps. Ned rig on cold mornings, when fish want slow and small.