Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Rough River Lake area

Rough River Lake

Kentucky
Mon Nov 16 – Wed Nov 18, 2026 · Central Time · Largemouth

BITE ODDS · THIS CAST

9/10 — Strong odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Mostly stable	+ No lightning	+ 2–3 mph usable ripple	+ Clear / sunny (~0%)	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **58–65°F**, lows **30–35°F**, rain chance up to **~0%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

58° F high

LOW	30°F
SKY	Patchy Fog then Sunny
WIND	E 3 mph
RAIN	~0%
SUN	6:26 AM / 4:34 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

61° F high

LOW	31°F
SKY	Patchy Fog then Sunny
WIND	SE 2 mph
RAIN	~0%
SUN	6:27 AM / 4:33 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

65° F high

LOW	35°F
SKY	Patchy Fog then Sunny
WIND	S 3 mph
RAIN	~0%
SUN	6:28 AM / 4:33 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: E → SE → S · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (6:26 AM CST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Largemouth plan: Follow shad into the backs of creeks and flats 1-10 ft; spinnerbait, squarebill and topwater at a fast pace.**

BIOLOGY

BASS STAGE

Largemouth are in the fall transition — following bait into creeks and onto flats as water cools.

Basis: estimated water ~58°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response), adjusted by 1 nearby USGS lake gauge; no water-temperature gauge on the lake; air record trending falling

NATURAL FORAGE

Shad are the main fall forage, so match shad first. Crayfish matter along riprap, and bluegill hold around docks and wood.

ALSO BITING

Hybrid and white bass. Hybrid striped bass and white bass chase shad on points and flats early and late.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

DAM & WATER — GENERATION SCHEDULE

FIXED Dam-controlled water. No generation schedule posted by USACE LRL for Mon Nov 16 – Wed Nov 18 — check the operator page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Rough River Lake	No generation schedule posted by USACE LRL for Mon Nov 16 – Wed Nov 18 Observed: pool 475.41 ft (Mon 3:00 AM CT); observed outflow (USACE) 779 cfs (Mon 4:00 AM CT)	USACE LRL
Confirm	Kentucky Fish and Wildlife fishing page	fw.ky.gov
Clarity	The upper river and North Fork: stained water, wood, and shallow flats where fall fish push first.	

ACCESS — BANK / KAYAK / BOAT

BANK

Rough River Dam State Resort Park has shoreline and riprap near the lodge, marina, and dam area where posted open, and it is the easiest walk-in spot on the lake. The Corps recreation areas at Axtel and Laurel Branch add more shoreline and points near parking.

KAYAK

Calm days make the creek arms easy paddling this week. Launch at Axtel, Laurel Branch, or the state park ramp and work the nearest arm: laydowns, docks, and the first channel bend. A weightless stick bait, a small spinnerbait, or a squarebill along wood covers water quickly.

BOAT

Launch at the state resort park marina, Axtel, Laurel Branch, or North Fork. Once the sun is up, move to the first drop and brush on points with a shaky head or a football jig. Watch the graph for shad on channel swings near the dam end, where schooling fish can show up.

LURE BOX

TOP

Buzzbait along wood and docks at dawn and dusk. Walking bait on riprap and points at first light. Popper at shady dock corners on the calm.

MID

Squarebill (shad or craw) bumping riprap and stumps. Spinnerbait (white) on the breezy Small swimbait for fish under bait.

BOTTOM

Shaky head or Ned rig (green pumpkin) on rock. Texas-rigged worm on wood and docks. Football jig on the first break off points.