Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Istokpoga area

Istokpoga

Florida
Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Largemouth

BITE ODDS · THIS CAST

6/10 — Fair odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Stable pattern	+ No lightning	− Up to 18 mph · open-water chop	− Rain up to ~65%	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **75–76°F**, lows **69–70°F**, rain chance up to **~65%**. Story is the wet stretch — bite windows ride the rain timing, not the calendar.

THREE-DAY WEATHER

MONDAY NOV 16

76° F high

LOW	69°F
SKY	Partly Sunny
WIND	NE 7–14 mph
RAIN	~16%
SUN	6:46 AM / 5:33 PM

Frame: Stable day — first-light moving bait, then slow down around shade and cover once the sun is up.

TUESDAY NOV 17

75° F high

LOW	69°F
SKY	Chance Rain Showers
WIND	ENE 13–16 mph
RAIN	~48%
SUN	6:46 AM / 5:32 PM

Frame: Breeziest day — use ripple on wind-blown banks and points; open-water chop is higher risk.

WEDNESDAY NOV 18

75° F high

LOW	70°F
SKY	Rain Showers Likely
WIND	NE 14–18 mph
RAIN	~65%
SUN	6:47 AM / 5:32 PM

Frame: Wet day — fish the front side of the rain; slow down and stay close to cover after it passes.

Window: Mon–Wed · Air: NE → ENE · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (6:46 AM EST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Largemouth plan: Follow shad into the backs of creeks and flats 1-10 ft; spinnerbait, squarebill and topwater at a fast pace.**

BIOLOGY

BASS STAGE

Largemouth are in the fall transition — following bait into creeks and onto flats as water cools.

Basis: estimated water ~74°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response); no water-temperature gauge on the lake; air record trending falling

NATURAL FORAGE

What's on the menu: No dated forage report for this window turned up. The most likely meals are shiners and threadfin shad where present, bluegill and other sunfish around reeds and pads, and crawfish and grass shrimp in the vegetation.

ALSO BITING

Also hot: Bluegill and redear around reed edges and docks, and black crappie (speckled perch) starting to gather on deeper brush and open-water edges as nights cool. Check FWC rules for size and bag limits.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

WATER BOARD — LAKE CHEAT SHEET

FIXED Natural / small-impoundment water — no generation table. Check access rules and level notes with the managing agency before you go.

ITEM	NOTE	SOURCE
Clarity	Clarity is unconfirmed, so start with natural shad and bluegill colors and darken only if banks stain.	

ACCESS — BANK / KAYAK / BOAT

BANK

The Cow House Road ramp at 2011 Lake Blvd. In Lorida on the northeast shore allows wade fishing, a rare bank-friendly option on this big lake. Istokpoga Park off US 98 on the north shore also has public shoreline.

KAYAK

Istokpoga is big, shallow, and exposed to wind, so stay in the lee of the islands and in creek mouths. The Arbuckle Creek and Josephine Creek mouths fish well when water is moving. Launch at Istokpoga Park or Cow House Road and work bulrush and spatterdock edges with a wacky worm.

BOAT

Launch at Istokpoga Park, Cow House Road, or Windy Point in Lake Placid. Bass hold year-round around Big Island and Bumblebee Island and in the deeper cuts beside them. Work Kissimmee grass on the south end with a swim jig, and check the Istokpoga Canal off CR 621 when the gates are open.

LURE BOX

TOP

Walking topwater (bone / white) at first light. Hollow-body frog (white or black) over pads. Buzzbait along reed and grass edges.

MID

Bladed jig or spinnerbait (white / chartreuse shad). Squarebill crankbait (craw / shad) on wood and riprap. Swim jig through thin grass.

BOTTOM

Texas-rigged worm (green pumpkin / junebug). Flipping jig or creature bait in the thickest cover. Wacky or Ned rig on isolated targets.