FRESHWATER CAST · MONDAY CAST

Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Trap Pond area

Trap Pond

Delaware

Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Largemouth

BITE ODDS · THIS CAST

7 /10

Fair odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Mostly stable	+ No lightning	− Up to 15 mph · open-water chop	+ Clear / sunny (~0%)	+ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **57–64°F**, lows **30–33°F**, rain chance up to **~0%**. Story is wind — pick banks the breeze is hitting and keep crossings short.

THREE-DAY WEATHER

MONDAY NOV 16

57° F high

LOW	30°F
SKY	Mostly Sunny
WIND	NW 5–15 mph
RAIN	~0%
SUN	6:44 AM / 4:48 PM

Frame: Breeziest day — use ripple on wind-blown banks and points; open-water chop is higher risk.

TUESDAY NOV 17

60° F high

LOW	31°F
SKY	Sunny
WIND	NW 5–10 mph
RAIN	~0%
SUN	6:45 AM / 4:47 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

64° F high

LOW	33°F
SKY	Sunny
WIND	W 0–5 mph
RAIN	~0%
SUN	6:46 AM / 4:47 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: NW → W · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (6:44 AM EST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Largemouth plan: Follow shad into the backs of creeks and flats 1-10 ft; spinnerbait, squarebill and topwater at a fast pace.**

BIOLOGY

BASS STAGE

Largemouth are in the fall transition — following bait into creeks and onto flats as water cools.

Basis: estimated water ~58°F — 75-day observed air record (NOAA ACIS) lagged for a pond (10-day response); no water-temperature gauge on the lake; air record trending falling

NATURAL FORAGE

Largemouth bass are the primary target — they hold on cypress knees, around pads, and in the shade of overhanging trees, and they move onto shallow flats to chase bait when the sun warms the water. What's on the menu: No dated forage report for this window tur

ALSO BITING

Chain pickerel. Pickerel love cool fall days and hit spinnerbaits, inline spinners, and jerkbaits along pad lines.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

WATER BOARD — LAKE CHEAT SHEET

FIXED Natural / small-impoundment water — no generation table. Check access rules and level notes with the managing agency before you go.

ITEM	NOTE	SOURCE
Permit / regs	Boat ramp, day-use shoreline, and water trail inside the park.	
Clarity	Clarity unconfirmed — natural tannin stain is normal here.	

ACCESS — BANK / KAYAK / BOAT

BANK

Fish the park's public shoreline near the day-use area and along trail edges where fishing is allowed, staying clear of swim areas. Morning, while fog and clouds hold, throw a small spinnerbait or buzzbait along pad edges and cypress knees.

KAYAK

A kayak is the best way to fish Trap Pond. Launch at the park boat ramp and paddle the cypress-lined edges and the quieter water toward the James Branch end, where narrow lanes wind among the trees. Wait for the fog to lift before crossing open water, then drift the wind-blown shore with a spinnerbait or swim jig.

BOAT

Launch at the Trap Pond State Park ramp and confirm current motor and boating rules with the park, since a small park pond can limit what is allowed. Use a trolling motor to work the outside edge of the pads and the cypress lines. Cover water with a spinnerbait or chatterbait during the foggy morning.

LURE BOX

TOP

Buzzbait (black / white) in the fog. Hollow-body frog (black) over pads. Small popper on calm evening.

MID

Spinnerbait (white / chartreuse, gold blade for stained water). Chatterbait or swim jig (black-blue / green pumpkin). Shallow squarebill (craw) along wood.

BOTTOM

Weightless stick worm (junebug / green pumpkin). Texas-rigged craw or creature bait to cypress knees. Small jig (black-blue) in shade.