Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for CT River @ Middletown area

CT River @ Middletown

Connecticut
Mon Nov 16 – Wed Nov 18, 2026 · Eastern Time · Largemouth · Smallmouth

BITE ODDS · THIS CAST

Strong odds

8/10

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Mostly stable	+ No lightning	+ 6–7 mph usable ripple	+ Clear / sunny (~1%)	~ Fall transition	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **52–61°F**, lows **28–35°F**, rain chance up to **~1%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

52° F high

LOW	28°F
SKY	Mostly Sunny
WIND	NW 3–7 mph
RAIN	~1%
SUN	6:40 AM / 4:29 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

57° F high

LOW	34°F
SKY	Sunny
WIND	W 1–6 mph
RAIN	~0%
SUN	6:41 AM / 4:28 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

61° F high

LOW	35°F
SKY	Sunny
WIND	W 2–7 mph
RAIN	~0%
SUN	6:42 AM / 4:28 PM

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: NW → W · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (6:40 AM EST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Largemouth plan: Slow down: steep points, channel drops and remaining grass just outside the creeks, between the fall flats and the 15-30 ft winter depth; suspending jerkbait with long pauses, jig-and-pig or blade bait crawled down the slope.**

BIOLOGY

BASS STAGE

Largemouth are in the late fall transition — water under the mid-50s, so bass are sliding off the shallow flats toward steeper points and channel drops near their fall feeding areas.

Basis: estimated water ~53°F — 75-day observed air record (NOAA ACIS) lagged for a river (10-day response); no water-temperature

NATURAL FORAGE

What's on the menu: No dated forage report for this window turned up. The most likely meals are young perch and shiners where present, bluegill and sunfish around docks and weed edges, and crawfish on rock and gravel.

ALSO BITING

Also hot: Chain pickerel on the same weed edges you fish for bass, and yellow perch and crappie schooling over flats and brush as water cools. Check current state rules before you keep fish.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

gauge on the lake; air record trending falling

WATER BOARD — LAKE CHEAT SHEET

FIXED Natural / small-impoundment water — no generation table. Check access rules and level notes with the managing agency before you go.

ITEM	NOTE	SOURCE
Permit / regs	Wethersfield Cove, where Cove Park charges no launch fee for canoes and kayaks, and Salmon Cove off the Salmon River Boat Launch in East Haddam are protected water away from main-channel wakes.	
Clarity	Clarity is unconfirmed, so start natural and darken only if the water is stained.	

ACCESS — BANK / KAYAK / BOAT

BANK

Haddam Meadows State Park on Island Dock Road gives the most walkable public river frontage in this reach. Wethersfield Cove at the end of Main Street is the other bank option: a pond-like cove joined to the river by Folly Brook, averaging about six feet with holes to fifteen.

KAYAK

Wethersfield Cove, where Cove Park charges no launch fee for canoes and kayaks, and Salmon Cove off the Salmon River Boat Launch in East Haddam are protected water away from main-channel wakes. Plan around the tide, since this reach rises and falls daily and current pushes hard at the cove mouths.

BOAT

Haddam Meadows and the Salmon River launch cover the lower reach, and the Kings Island Boat Launch on Parsons Road in Enfield reaches the upper river, where an island splits the current and rock piles and wood hold smallmouth. Fish current breaks with a crankbait and a tube, working the down-current side.

LURE BOX

TOP

Walking topwater (bone / chrome) on calm mornings. Wakebait on wind-blown points. Popper over shallow rock and grass.

MID

Suspending jerkbait (ghost minnow / perch). Swimbait on a jighead (smoke / pearl). Medium crankbait (craw) on rock in the wind.

BOTTOM

Tube (green pumpkin / smoke) on rock and gravel. Drop-shot or Ned rig (green pumpkin / natural shad). Football jig (brown / green craw) on deeper humps.