Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Sacramento–San Joaquin Delta area

Sacramento–San Joaquin Delta

California
Mon Nov 16 – Wed Nov 18, 2026 · Pacific Time · Striper

BITE ODDS · THIS CAST

3/10 — Poor odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Mostly stable	+ No lightning	− Up to 36 mph · unsafe chop	− Rain up to ~100%	~ Fall transition · turnover	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **54–61°F**, lows **47–49°F**, rain chance up to **~100%**. Story is the wet stretch — bite windows ride the rain timing, not the calendar.

THREE-DAY WEATHER

MONDAY NOV 16

61° F high

LOW	47°F
SKY	Chance Light Rain
WIND	SE 3–7 mph
RAIN	~79%
SUN	6:48 AM / 4:53 PM

Frame: Wet day — fish the front side of the rain; slow down and stay close to cover after it passes.

TUESDAY NOV 17

60° F high

LOW	49°F
SKY	Mostly Sunny
WIND	SSW 5 mph
RAIN	~100%
SUN	6:49 AM / 4:53 PM

Frame: Wet day — fish the front side of the rain; slow down and stay close to cover after it passes.

WEDNESDAY NOV 18

54° F high

LOW	47°F
SKY	Rain
WIND	SE 12–36 mph
RAIN	~100%
SUN	6:50 AM / 4:52 PM

Frame: Wet day — fish the front side of the rain; slow down and stay close to cover after it passes.

Window: Mon–Wed · Air: SE → SSW · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING

- Shallow cover, points, creek mouths
- **First light (6:48 AM PST) → ~9 AM**
- Use any ripple as cover

MIDDAY

- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING

- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Striper / white bass plan: Follow surface schools chasing shad; topwater and swimbait, fast, then spoon when they sound.**

BIOLOGY

BASS STAGE

Striper / white bass are in the fall transition — following bait into creeks and onto flats as water cools. Possible turnover window on stratified reservoirs — the bite can go off for a few days.

Basis: estimated water ~63°F — 75-day observed air record (NOAA ACIS) lagged for a lake (14-day response); no water-temperature

NATURAL FORAGE

As days shorten, many fish that spent summer in San Pablo and San Francisco bays push back into the Delta to feed on shad and other baitfish ahead of winter. What's on the menu: threadfin shad, juvenile baitfish and crawfish along riprap are the most likely me

ALSO BITING

Largemouth bass hold in tule pockets and backwater sloughs, especially when the tide is slack, and a frog or punching rig works around matted weeds. Channel catfish and white catfish bite cut bait in deeper holes in the evening.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

gauge on the lake; air record trending falling

WATER BOARD — LAKE CHEAT SHEET

FIXED Natural / small-impoundment water — no generation table. Check access rules and level notes with the managing agency before you go.

ITEM	NOTE	SOURCE
Permit / regs	Sturgeon are present, but strict rules apply, so check current regulations before targeting them.	
Clarity	Clarity varies widely: the main rivers carry some color, while flooded islands and back sloughs are clearer.	

ACCESS — BANK / KAYAK / BOAT

BANK

The fishing pier at Big Break Regional Shoreline in Oakley and the Antioch Fishing Pier both put you on moving tidal water without a boat. Cast a swimbait or a white bucktail into the current at first light, and let it swing with the tide along the edges where faster water meets slack.

KAYAK

Launch at Big Break Regional Shoreline in Oakley, where a sheltered marsh and nearby sloughs give kayaks a protected start. Paddle to the nearest point or cut mouth and cast a swimbait or small topwater along the current seam at dawn. Stay out of the main San Joaquin shipping channel, where big ships and barges move quickly.

BOAT

The Antioch Marina boat launch and the ramp at Sandy Beach County Park in Rio Vista put you on the west Delta and lower Sacramento River quickly, and Sherman Island County Park covers the area where the two rivers meet.

LURE BOX

TOP

A walking bait or pencil popper on calm dawn tides, worked along riprap and points. Bone, chrome or white are the first colors to try.

MID

A swimbait on a jighead, a white bucktail, or a lipless crankbait swung through tidal seams. Shad colors match the main forage.

BOTTOM

Sardine, anchovy or bloodworms on a sliding sinker rig for bank anglers, or a heavy jig near channel edges when the sun is high. Match size to threadfin shad and small baitfish. Size down when fish short-strike.